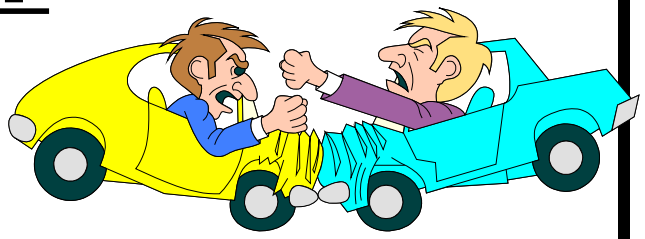
Reintegration Safety

POV SAFETY

Unsafe Acts

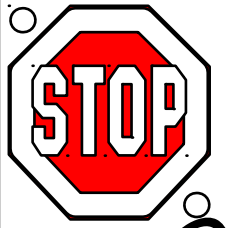


Factors that influence our risk:

- **Aggressive Driving**
- **Age**
- **Seatbelts**
- **Alcohol**
- **Fatigue**
- **Location**
- **Speed**

Vehicle accidents are #1 killer of peacetime soldiers

Reintegration Safety



Unsafe Acts

AGGRESSIVE DRIVING

Definition: as defined by the National Highway Traffic Safety Administration (NHTSA)

When individuals commit a combination of moving traffic offenses so as to endanger other persons or property.

The operation of a motor vehicle involving three or more moving violations as part of a single continuous sequence of driving acts, which is likely to endanger any person or

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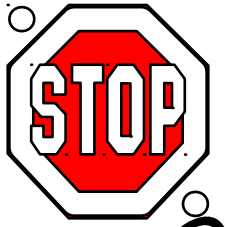

Unsafe Acts

DEFINITIONS CONTINUED

Aggressive driving, is driving under the influence of impaired emotions.

There are three categories:

1. **Impatience and inattentiveness**
2. **Power Struggle**
3. **Recklessness and Road rage**

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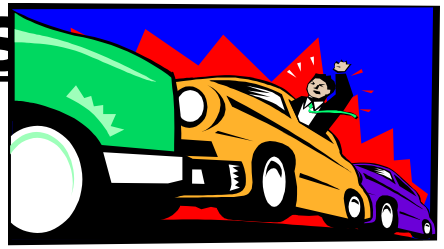
Impatience And inattentiveness



Unsafe Acts

- Driving through red lights
- Speeding up to yellow lights
- Rolling stops
- Cutting corners or crossing over double yellow lines
- Blocking intersections
- Not yielding
- Improper lane change or weaving
- Driving 5 to 15 mph above the speed limit
- Following to close
- Not signaling when required
- Erratically slowing down or speeding up
- Taking to long to start moving

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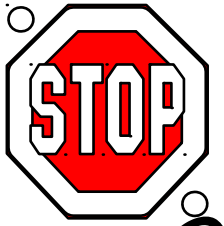
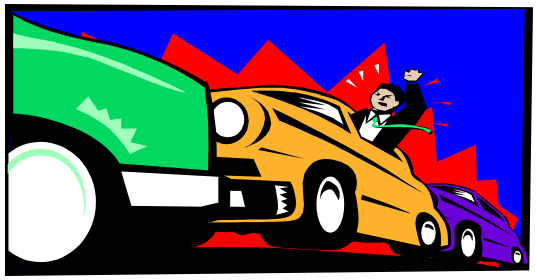
Power Struggle



Unsafe Acts



- **Blocking passing lane, refusing to move over**
- **Threatening or insulting by yelling, gesturing honking repeatedly**
- **Tailgating to punish or coerce**
- **Cutting off in a duel**
- **Braking suddenly to retaliate**

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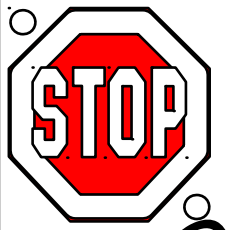
Recklessness And Road rage



Unsafe Acts

- **Driving Drunk**
- **Pointing a gun or firing shots**
- **Assaulting with the vehicle or battering objec**
- **Driving at very high speeds**

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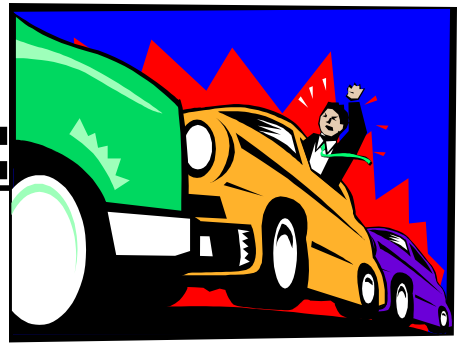
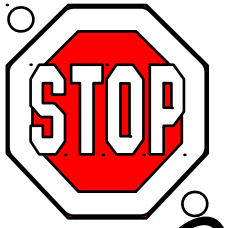
NHTSA's Survey on Aggressive Driving includes:



Unsafe Acts

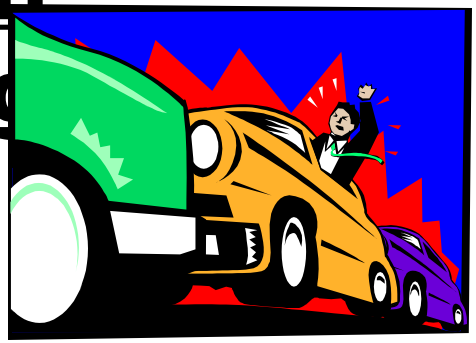
- Speeding
- Improper lane changes
- Improper passing
- Red light running
- Operating a vehicle in a manner that endangers or is likely to endanger others

Reintegration Safety



Unsafe Acts

NHTSA's Survey on Aggressive Driving continued:



The most common reasons people give for driving aggressively:

- **Late for meetings**
- **Traffic congestion**
- **Frustration**

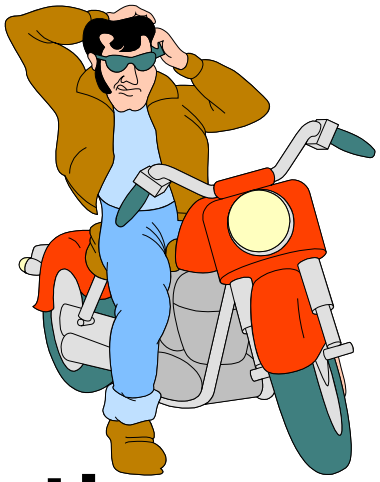
Are these legitimate reasons for aggressive driving?

Are there more reasons?

Reintegration Safety

POV SAFETY

Unsafe Acts



Age

Soldiers who are 18-24 are at the highest risk. Risk of involvement in a fatal crash for soldiers who are 18-24 is nearly 4x greater than any other age group.

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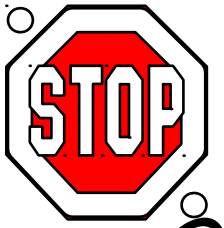
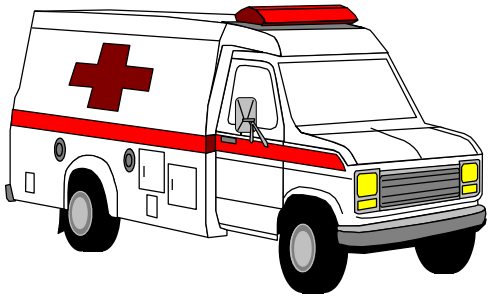
POV SAFETY



Unsafe Acts

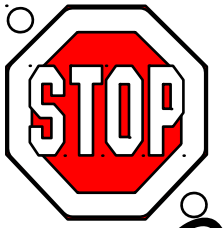


Seatbelts

Seatbelts prevent deaths in 42% of all potentially fatal crashes. Add an air bag to the buckled seatbelt and you increase your odds of surviving the crash to 47%

Reintegration Safety

POV SAFETY



Unsafe Acts

Alcohol

The intoxicated driver is 15x more likely to be involved in a crash and to be fatally injured than a sober driver. About 48% of all traffic fatalities involve an intoxicated or alcohol impaired person.

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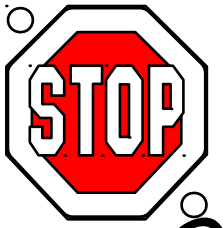
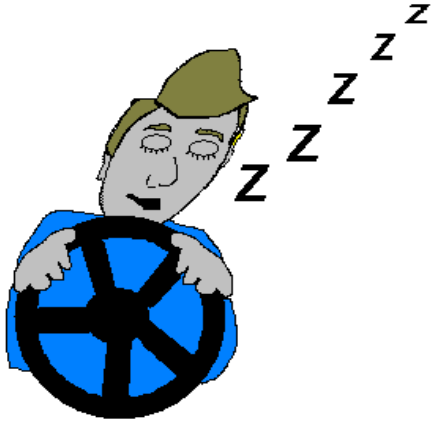
POV SAFETY



Unsafe Acts



Fatigue

Drivers between the ages of 18-24 are at special risk with over 56% of fatal crashes involving fatigue or falling asleep at the wheel.

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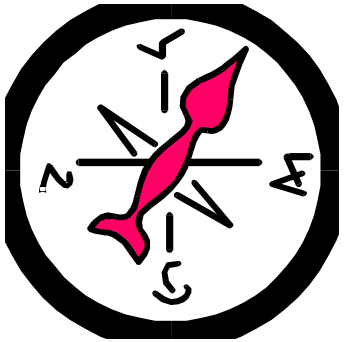
POV SAFETY

Unsafe Acts



Location

Statistics show that travel on interstates is

safer than two lane roads. However, the

fatality rate for travel on roads where high

Reintegration Safety

POV SAFETY

Unsafe Acts

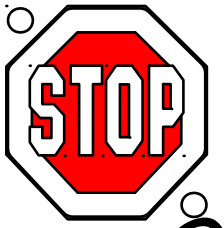
Speed

The faster a car is going, the more distance and time it takes the driver to stop. Speeding also reduces the amount of time a driver has to react, and reduces the ability to safely negotiate the road.

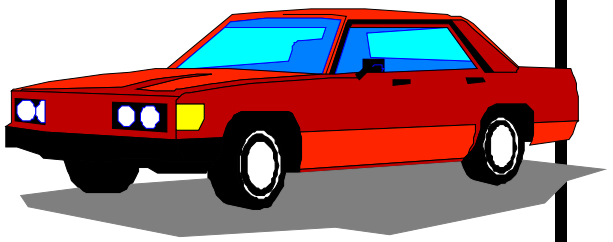
Speed Kills!

Reintegration Safety

POV SAFETY



Unsafe Acts



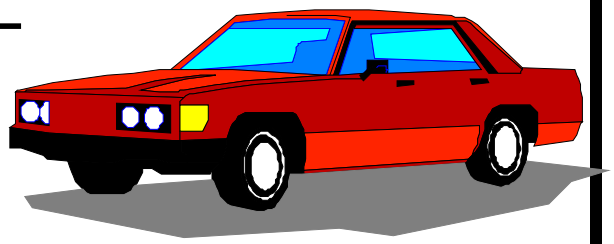
1. Become a courteous driver
2. Don't drink and drive
3. Use a designated driver
4. Wear seatbelts
5. Obey the speed limit
6. Don't drive when you're tired

Arrive Alive

Reintegration Safety

POV SAFETY

Unsafe Acts



8. **Adjust speed for conditions**
9. **Don’t follow too close**
10. **Maintain your vehicle**
11. **Drive defensively**
12. **Avoid use of cellular phone while driving.**

Arrive Alive

Reintegration Safety

Motorcycle Safety

Remember be seen!

Unsafe Acts

- **Must be properly licensed and insured**
- **All riders must attend a Motorcycle Defensive Driver Course (MDDC)**
- **Must wear an approved (DOT) helmet, long sleeve shirt/jacket, full finger gloves, boots that cove the ankles, and proper eye protection**
- **Must wear reflective vest at night or during low visibility times**